

The BRAIN TRUST

Meeting Notes

Tuesday, August 14, 2018

4:30 pm-5:30 pm

UTEP Health Science Center and School of Nursing Building

(Across from the UTEP Library)

1851 Wiggins Rd.

El Paso, TX 79968

3rd Floor Room 384

Attending: Butterworth Sharon; Hernandez Cindy; Juarez Patricia; Dr. Jung Hyejin; Long Eileen; Mata Enrique; Revtyak Kathy; Dr. Robles Eden; Uga Denise; Wazlavek Bernard; Dr. Wiebe John; Ramos Mayro; French Melissa; Cruz Andrea; Casillas Fabiola; Leon Armstrong; Joshua Acevedo

Topic: *Alternatives Services for Substance Use & Mental Health*

Presenters: *Emergence Health Network:* Melissa French, Andrea Cruz, Cindy Hernandez

- *Overview SUD Services*
 - Partial Hospitalization Program (PHP)
 - Intensive Outpatient Program (IOP)
 - Counseling & Other Services
 - Enrichment Programs
- *Partial Hospitalization Program (PHP)*
 - A short time, ambulatory treatment program that offers therapeutically milieu
 - An alternative to hospitalization
 - Patients who represent no imminent danger to themselves or others may receive the intensive clinical treatments that their conditions require without the expense of hospitalization
 - Provides a multidisciplinary team approach to patient care under the direction of a physician
- *Who is PHP appropriate for?*
 - Clients who are experiencing acute psychiatric symptoms
 - Clients who otherwise would need to be hospitalized
 - Clients who are unable to function autonomously on a day-to-day basis
 - Not completing ADL's
 - Not taking their medication
 - Cannot get out of bed in the morning
 - Non-compliant with outpatient therapy
 - Clients that have an adequate support system to sustain / maintain themselves outside of PHP
 - Treatment is directed towards crisis stabilization, though intensive programming, or intermediate term treatment, though more extended clinical services
- *Intensive Outpatient Program (IOP)*
 - Is designed for clients that need more than once weekly outpatient counseling
 - Provides a structured and supportive environment
 - Treatment provided by a multidisciplinary team including Psychiatrists, Nurses and Licensed Therapist
 - Clients attend Monday thru Friday 9:30 – 11:30 a.m.
- *Counseling & Other Services*
 - OSAR – Outreach, Screening, Assessment & Referral Program
 - Parent Educational Program
 - Anger Management
 - Family Violence Prevention Program
 - Office based opioid treatment
 - Supportive Employment Program

- *Enrichment Programs*
 - Occupational Therapy
 - Medication Education Groups
 - Anger Management
 - Medication
 - Wellness & Yoga

Community Updates & Announcements:

1. Brain Trust and Unity are in First place for Fundraising for Nami Walks.
2. Nami El Paso Hosting Family to Family Classes in Spanish starting in September and a Spanish Basics Class this month at the Socorro District. Nami also launched their newest program called “Provider” and it is a 5-discussion course and this presentation can be done for any organization.
3. VA & Steven Cohen Foundation inviting community providers on the first Friday of September to come to Steven Cohen Endeavor Clinic & Military Family Clinic to learn about the services provided by the Steven Cohen Clinic and VA and also to Network to see what providers do as well. On the last Friday of the month of September they are inviting community providers to a short presentation and give community providers an opportunity to present cases they have on veterans who are suicidal and start discussing safety assessment and safety planning. Last Thursday or Wednesday VA will be showing a public screening of a document called Sunrise (waiting on venue). Also, VA is hosting a local Mental Health Summit on September 6th located on Amistad on Dyer.
4. Empower Change hosting Behavior Summit on October 18th at the Don Haskin Center at UTEP. Organizations can start registering on the Empower Change website (empowerchange.utep.edu). Empower Change website now building resources list and anybody who wants their organization registered can e-mail Dr. Robles.
5. Sheriff Department now hosting Mental Health First Aid classes for Imamates.
6. New Mexico Alamogordo Police Department selected to work with policy research associates and FBI on Crises Intervention Training (CIT) strategic process that involves sequential mapping. Community Mapping Project is next week and Empower Change is providing lunch and the year-long project should have all the officers trained and sustain the training. Also, the Otero County Sheriff Department is working on having one social worker on shift to help out officers.
7. Paso del Norte Health Foundation announced a couple of calls of letters of intent towards Tobacco Control and Alcohol Prevention. Open calls 300 to 500 words.
8. The Child Guidance Center has three community training left in their Professional Development series for their year. They are three hours and are in August, September, and October.

Next Meeting:

Tuesday September 11th, 2018