

Program at a Glance

1. Leadership assessment utilizing the REALIZE customized 360°
2. Executive assessment instruments and inventory
3. One-on-one executive coaching targeting individualized leadership goals based on a personalized leadership development plan
4. Transformational off-site leadership experiences employing state-of-the-art methodology
5. Books, articles, white papers, to engage cohort participants throughout the program
6. Cohort Connects with world class leaders
7. Opportunity to engage Board of Directors in cross-training
8. Networking events with the current and past REALIZE cohort members and thought leaders
9. Assessments to measure leadership growth
10. Networking that strengthens the impact of the cohort and connects them with other community leaders

For more information, please visit pdnhf.org, call the Foundation at (915) 544-7636, or email Realize@pdnhf.org.



inspiring
the next generation of
health leaders



What is REALIZE?

REALIZE was developed with one mission in mind – to transform already effective leaders into “transformational leaders” for the benefit of the region’s health. From mid-sized health and human service agencies and large governmental entities to school districts and private clinical businesses, leaders are the key to improving policy, providing services, and promoting wellness.

REALIZE is a unique leadership experience that prepares participants to address regional health needs, while engaging in world-class leadership development. Founded on a transformational leadership model, the experience emphasizes a triad of thinking, doing, and being in leadership. The REALIZE Experience was designed with input from many regional leaders and is constantly evolving to meet changing leadership needs for the Paso del Norte region.



Purposes of the REALIZE Experience

- Build skills among participants so that they are better equipped to lead their organization and teams
- Equip participants with ability to transfer leadership skills to others within their organization
- Strengthen individual leadership understanding and capability for positive impact
- Inspire action and results for improved health within the region
- Develop people to hold formal leadership positions
- Build participant understanding of their own leadership behaviors in context of work and other group dynamics thus strengthening ability to lead
- Confidentially identify dimensions for participant improvement and demonstrate progress toward individualized goals
- Provide the opportunity for improved personal health

Who Benefits from the Experience?

- The individual graduate benefits with a wealth of leadership capabilities
- Institutions that employee REALIZE graduates benefit from stronger leaders
- The Paso del Norte Health Foundation; our grants and partnerships are most effective with organizations that have strong leaders
- Teams who are led by REALIZE graduates
- Communities will ultimately benefit from leaders who are committed to positive change and progress, and demonstrate the capacity and confidence to improve health

Who should apply to REALIZE?

- Seasoned leaders who are committed to continuous development, passionate about improving health, and interested in professional leadership transformation
- Emerging leaders with high potential