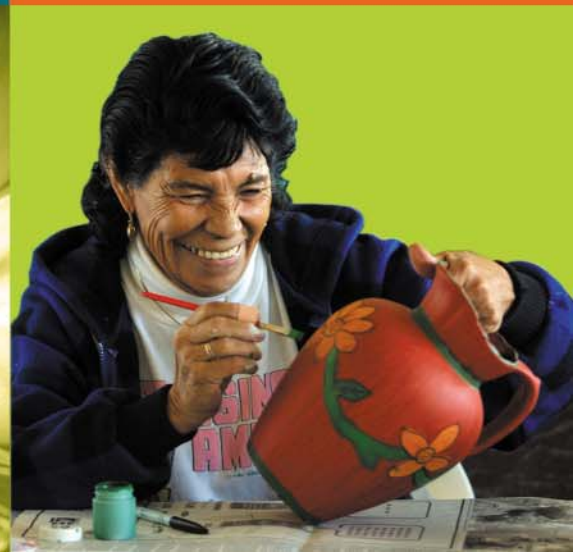


# FACES OF OPPORTUNITY IN THE PASO DEL NORTE REGION



2006 ANNUAL REPORT

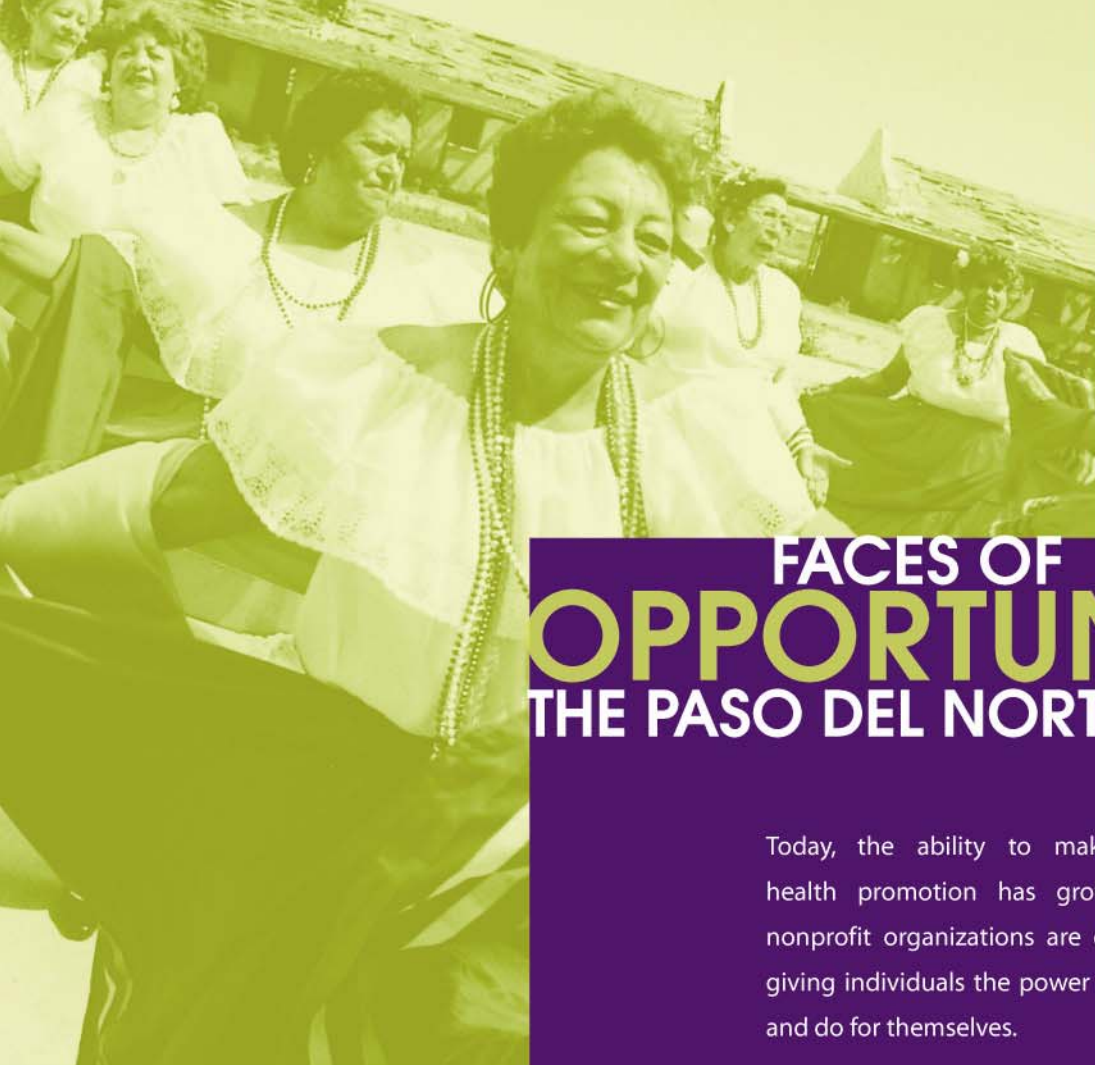


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# FACES OF OPPORTUNITY IN THE PASO DEL NORTE REGION

Today, the ability to make positive changes in health promotion has grown tremendously. More nonprofit organizations are offering services that are giving individuals the power to break through barriers and do for themselves.

Because the Paso del Norte region is diverse and covers three states and two countries, the Foundation looks upon the leadership of our regional partners to make the necessary connections in their communities to establish the opportunity for change. Opportunity to effect meaningful change is what everyone seeks, yet the pursuit, discovery, and acquisition of that opportunity is often difficult. The achievements in improving health and quality of life come through unified focus and dedication. It takes more than one individual or organization to bring about change; therefore, the Foundation strives to strengthen these organizations with the tools and knowledge needed to assist individuals in making positive decisions that benefit their health.

The intent of this annual report is to show how the support and resources of our funded programs helped five individuals discover the hope and courage to make positive changes that not only affected their lives, but the lives of those around them as well.



# Message from The President

Over the last several years the Paso del Norte region has made positive changes that proved Prevention Works!

The region saw a major drop in adult smoking from 24% to 15%. The City of El Paso enforced its clean indoor air ordinance for over four years, and other parts of the region are also adopting similar ordinances.

We can shun various publications that have mentioned our region's high obesity rates. El Paso County is now tied with Austin, Texas as having the lowest obesity rate in the state. Our obesity rates among adults and children are the lowest in several years, yet there is still much work that needs to be done.

Regionally, children are learning that regular hand washing with soap and water can keep them healthy, and teachers are seeing a drop in school absenteeism.

These changes are taking place because of the commitment of our wonderful partners. Without their assistance, the transition from change to opportunity would be difficult to achieve. With the help of organizations that we support, communities, large or small, are influenced to make a positive impact on the health of the Paso del Norte region.

Each and every one of us has a story to tell. Our stories are testimonials of how change has impacted our lives. From learning how to place a child in a car seat properly to taking cooking classes that make for a healthier lifestyle, people are taking steps to better their health, their lives, and their community.

We have made progress, but we need to continue to seek ways to improve the health of the region, so "Keep It Up Everyone" - prevention does work!



Ann G. Pauli,  
President and CEO of the Paso del Norte Health Foundation



PASO DEL NORTE HEALTH  
FOUNDATION



# MISSION

The mission of the Paso del Norte Health Foundation is to effect long-term improvements in the health status of the population in the Paso del Norte region through education and prevention.

# VISION

The Foundation envisions a Paso del Norte region where all people have the knowledge, resources, and environment they need to live healthy lives; where health problems are prevented and there is access to primary care; where people on both sides of the border live in clean, safe environments with fresh air, potable water, and the proper disposal of waste.

# HISTORY

It began on January 10, 1952. Providence Memorial Hospital opened its doors as a not-for-profit medical facility providing the best available health care to all the people of the El Paso region.

In 1995, changes in the health care environment led to a decision to sell the hospital. But the Board of Directors wanted to continue the tradition of excellence that had always been the hallmark of Providence; therefore, on October 1, 1995, the Paso del Norte Health Foundation (PdNHF) was created to achieve this goal.

With \$130 million in assets from the sale of the hospital, the Foundation became one of the largest private foundations on the U.S. - México border. The goal of the Foundation was to carry on the work begun by Providence Memorial Hospital and to improve the health and wellness of the 2.2 million people living in the Paso del Norte region through education and prevention. This region represents areas of west Texas, southern New Mexico, and northern México - El Paso and Hudspeth Counties, Texas, Doña Ana and Otero Counties, New Mexico, Ciudad Juárez, Chihuahua.



PASO DEL NORTE HEALTH  
FOUNDATION

# WEB SITE

The Paso del Norte Health Foundation's web site is one of the easiest, most accessible tools people can use to find the latest information regarding the Foundation. This bilingual site features information on funded initiatives, upcoming activities, and a variety of helpful tips regarding health and wellness. Visit the web site at [www.pdnhf.org](http://www.pdnhf.org).





## **Ysleta Lutheran Mission Human Care - El Paso, TX**

### **"Y Dance"**

"Y Dance" is a dance program that offers free classes to adults in the Mission Valley area of El Paso. The program also educates participants on the importance of a regular fitness routine that is beneficial to their health. Dance classes are offered two to three times a week.



# BECOMING ACTIVE CHANGES MAN'S VALUES ABOUT HIS LIFE

*"I was always embarrassed to ask a woman to dance, because I was sure she danced better, or I was afraid I didn't know the steps, but now that's all changed. In "Y Dance" I've learned the steps and now the women are asking me to dance, and I have the confidence and the strength to dance all night. I'm not worried anymore about asking someone to dance, or being asked to dance.*

*It's not just the dancing or the exercise. The confidence you get from knowing how to dance, and how to interact with people who share the same feelings. Sometimes we have performances in the public, and that too helps you with your confidence. "Y Dance" helps you in so many ways.*

*I've lost weight, cut down on the medicines I have to take, and enjoy what I've always wanted to do, why would I ever stop? You can never know too many dance steps nor have too much confidence."*



PASO DEL NORTE HEALTH  
FOUNDATION



Robert Yraegas, Participant





### **Centro San Vicente - El Paso, TX**

#### **Qué Sabrosa Vida 4C's Classes**

Qué Sabrosa Vida is designed to affect the short and long-term health status of the general population of the Paso del Norte region through the promotion of healthier eating habits and the development of tools and skills to sustain positive behavior changes. The goal of the program is to increase awareness of a lifestyle that includes healthy nutrition and physical activity, while maintaining the rich tradition and cultural aspects of the Mexican-American border diet.



# HEALTHY EATING IMPACTS SOME TASTY CHANGES

*"I've always been afraid of disease, especially diabetes, but after participating in Qué Sabrosa Vida, I now know how my family and I should eat, and we're not afraid of any disease.*

*I've always liked to cook, but I was never really taught how. Now I've even learned how to make tortillas with applesauce instead of lard.*

*My family is even getting into healthy eating. When I went home to Monterrey, México I made them an Apple Crisp for dessert. The house smelled wonderful, and when it was ready it flew out of the oven. They ate it all, and then they either wanted me to make them one or they wanted me to teach them how to make it!*

*Qué Sabrosa Vida changed everything, look we have fruit on the table, that never happened before, and since we participated in the program we don't drink soft drinks as much, I've learned to enjoy water, and even put lime into it!*

*I hope I can learn to teach the Qué Sabrosa Vida class. I think I'd like giving back all that they shared with me."*



PASO DEL NORTE HEALTH  
FOUNDATION



Rosa Alvarado and Oneida Vasquez, Participants





### **Child Crisis Center – El Paso, TX**

#### **A.M.O.R. (Advocacy, Mentorship, Opportunities, Resources) de Niños Home Visitation Program**

The program offers adult and teen parents the opportunity to learn and enhance parenting skills to develop a viable parent-relationship.



# LESSONS IN PARENTING CHANGE FAMILIES APPROACH FOR NEW ARRIVAL

*"This was a hard pregnancy from the beginning, not only physically, but with pre-term labor too. All my other kids are grown up, and right now we are so unstable, all packed into this little house. I wasn't angry with my husband or the baby, I was worried and depressed. I thought depression was only after the baby was born. AMOR helped me realize, that there is help out there especially for me.*

*AMOR helped me understand things can get better. And even though this boy will be my fourth child, there is always something new I can learn. I know how to strap him in his car seat better and lay him on his side without using too many pillows. So much has changed and AMOR helped me learn new things about myself and about having my baby. With support like AMOR, there is nothing we can't handle. It may take a new approach or a new way of thinking, but it doesn't worry me because I know I am not alone."*



PASO DEL NORTE HEALTH  
FOUNDATION



JoAnn Gomez, Participante





### **Otero Path Inc. – Alamogordo, NM**

#### **Otero YEA (Youth Empowerment Association)**

YEA consists of parents, youth, businesses, schools, faith-based institutions, and non-profit organizations. All members work together to create a network or a “web of support” that more effectively develops healthy youth. YEA serves the communities of Alamogordo, Cloudcroft, Holloman Air Force Base, Mescalero and Tularosa, in Otero County, New Mexico. Their priority issues are substance abuse and poor grades/educational attainment.



# YOUTH SUPPORT YOUTH IN POSITIVE CHANGE

*I never knew what I wanted to do with my life until the Action for Youth program showed me working with kids is what I'm meant to do. Before getting involved, I thought of going into the military, but the more I gave to this program and the children, the more I got back. Now I know I want to be a teacher and help kids feel the same way I feel about the community and the children in it.*

*Programs like Action for Youth have helped to keep me off the streets. I started getting involved about seven years ago. At 12, I was volunteering and now I'm on the staff at the Boys and Girls Club. I know what it's like to come here as a child and to be here when the child arrives. I stay involved by helping with Drug/Alcohol free events for Youth ages 6th-12th grades; I also participate in many of the youth council community service projects. For instance, can food drives, relay for life, angel tree project, dances, etc., to name a few.*



PASO DEL NORTE HEALTH  
FOUNDATION



Corey Guerra, Participant





### **UTEP - Center for Environmental Resource Management (CERM) - El Paso, TX/Ciudad Juárez, MX Healthy Home Environments**

The goal is to improve home environments in the Paso del Norte region. In this third year of the project, CERM partners with community based organizations to provide trainings, educational materials, and appropriate technologies that communicate the importance of maintaining healthy home environments. The environmental themes addressed this year include drinking water, hand washing, ecological sanitation, solid waste and household hazardous waste management, lead, and carbon monoxide poisoning



# GROUP WORKS TO CONSERVE WATER AND CHANGE NEIGHBORHOOD

*"My oldest child grew up never seeing a tree. Now by using the reclaimed water from the grey-water filters, my two younger children have actually played in the shade from real trees. Now we have trees in the neighborhood and plants in our house. Plants and trees we never had because we never had water.*

*The grey-water filters have changed our life about as much as our waterless toilet. They are both wonders. It took my husband and me a month to build our toilet. Since then, we've already helped build 20 more.*

*We want to learn more about recycled water. And we want to plant more trees. UTEP's partner, Centro Mujeres Tonantzín, has so many ideas and plans for projects. We just don't have enough time to learn them all, but we're trying! If it weren't for the support of the Foundation/UTEP Healthy Homes program we'd never have the water we enjoy now."*



PASO DEL NORTE HEALTH  
FOUNDATION



Bety Solis de Rangel, Participant



# FUNDING OPPORTUNITIES

## **Funding Opportunities**

The Foundation's mission to improve the health of the region is accomplished through grants. It is important that the Foundation's policies and procedures for awarding grants is understood by the community so that grant seekers can successfully navigate the application process.

Grants are solicited from the community in order to meet the goals of a Foundation Initiative. Requests for Proposals (RFPs) are announced through several media including email, letters, postcards, news media outlets, and the Foundation web site, [www.pdnhf.org](http://www.pdnhf.org). Information on RFPs, grant workshops, special instructions and required forms, as well as information on other Foundation activities are found on the web site, and may also be obtained by calling (915) 544-7636.

When issuing a Request for Proposals (RFP), a grant proposal workshop is provided so applicants can better understand the goals and objectives of the RFP and be able to respond effectively. Every RFP has both general Foundation requirements and specific instructions relative to the initiative.

The Foundation does not accept unsolicited grant proposals. Nevertheless, the community is always able to discuss ideas for future programs with Foundation program officers. Ideas and suggestions are always welcome, and may form the basis for new initiatives and future proposal solicitations.



# FUNDING GUIDELINES

## Funding Guidelines

Grant making decisions are made on the basis of a set of policies and established procedures. The following guidelines help direct the Foundation's funding decisions:

1. Proposals must be solicited, and must be linked to an established initiative that is based on one of the four priority areas: Encouraging Physical Activity and Balanced Nutrition; Reducing Risky Behaviors; Promoting a Clean and Safe Environment; and Building Capacity. The Foundation's mission must be advanced.
2. Proposals are only considered from the Paso del Norte region: west Texas (El Paso and Hudspeth Counties); southern New Mexico (Otero and Doña Ana Counties), and Ciudad Juárez, Chihuahua, México.
3. Awards are made only to qualified nonprofit organizations with a tax exempt status of 501(c)(3) of the Internal Revenue Code, or equivalent status, and organized and operated for charitable, educational or religious purposes. Funding is not provided to individuals.
4. Funding is principally for direct project costs and not for general operating and overhead expenses. Other ineligible expenses include capital acquisition or construction (such as property or buildings), purchase of motorized vehicles, and the direct provision of medical services and medicines for acute care.
5. Funding is primarily for in-field interventions; research, studies, or planning activities may be considered only if they directly assist in the implementation of a project.



## Board of Directors:

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**Jack Chapman**

Vice Chairman of the Board

**John Tune, M.D.**

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Grants Manager

**Veronica Rios**

Staff Accountant/Special Projects Assistant





**The Foundation has emphasized that it takes more than one individual or organization to bring about change. The achievements in improving health and quality of life have come through unified focus and the dedication of hundreds of partnering regional nonprofit organizations and institutions. The following pages list all grants issued in 2006.**

### A Smoke Free Paso del Norte

The purpose of A Smoke Free Paso del Norte is to affect long term improvements in the health status of the population in the Paso del Norte region by reducing smoking. Top priorities include reaching today's youth, making cessation programs widely available, and promoting smoke-free environments. The initiative also strives to reduce the smoking rate among irregular smokers, pregnant women, people living with small children, and those who lack the resources to provide for their own wellness.

#### American Lung Association

*Not on Tobacco and Healthy Beginnings* \$58,201.00

The American Lung Association (ALA) has two educational programs, Not On Tobacco (N.O.T.) and Healthy Beginnings. Both programs address the ills of tobacco use and dangers of secondhand smoke while encouraging cessation among El Paso's youth and expectant parents.

#### American Cancer Society

*Smoke Free Empowerment Zone* \$188,610.78

The American Cancer Society Smoke Free program focus on the El Paso Empowerment Zone's designated Southside boundary and provides this underserved community with educational opportunities to reduce the threat of disease caused by tobacco products. This area encompasses portions of three zip code designations: 79901, 79903 with the majority falling within the 79905 zip code.

#### Center for Border Health Research

*Smoke Free Adult and Youth Smoking Surveillance* \$106,150.50

The Center for Border Health Research is conducting regional data collection related to smoking among youth and adults. Attitudes related to the regional clean indoor air ordinances and use of cessation services are also measured.

#### Children in Need of Services, Inc.

*Clean Indoor Air Education for Alamogordo and Otero County* \$48,076.00

The purpose of CHINS Clean Indoor Air Education for Alamogordo & Otero County is to strengthen the local coalition and educate the community while the enactment of a clean indoor air ordinance for the city of Alamogordo is in progress. The program educates specific groups and individuals within the community and makes them aware of how they can improve the health of all citizens by eliminating secondhand smoking in public places.

#### University of Texas at El Paso

*"StopLite: A Smoking Cessation Intervention for Light Smokers"* \$81,333.00

StopLite is a university-based program that both investigates reasons why young adults have lite or irregular smoking patterns and offers cessation services.

#### University of Texas at El Paso

*Prescription for a Smoke-Free Community* \$50,592.00

Community pharmacists are in a unique position to offer smoking cessation services because pharmacies can offer easy access to healthcare services and nicotine replacement therapy. The goals of this program are to 1) provide a smoking cessation education program to 200 pharmacists and technicians, 2) provide a 6-hour workshop on pharmacy-based smoking cessation interventions for a pilot group of pharmacists and their staff, and 3) develop 3-5 community-based pharmacy smoking cessation programs in El Paso, Texas.

#### University of Texas at El Paso

*Organizing Agency* \$325,178.00

The Department of Psychology at UTEP is the Organizing Agency for A Smoke Free Paso del Norte. Their primary roles include: initiative-wide media planning and implementation, promoting clean indoor air ordinances within the region, and coordination of technical assistance

services among other grantees. The Organizing Agency also assists with initiative planning and public relations.

#### New Mexico State University

*The Impact of Local Smoking Ordinances on Heart Attack Asthma* \$32,797.00

The program studies the effect of the Las Cruces, NM clean indoor air ordinance on heart attacks and asthma. The information will be used to inform regional policy makers about the effects of the ordinance.

#### Texas A&M Foundation

*Smoke Free* \$70,758.00

The Texas A&M Colonias Program plans to reduce tobacco use by promoting clean indoor air in Socorro, offering tobacco cessation services to residents of the Mission Valley, and providing merchant education about tobacco sales to minors.

#### Action for Youth

Action for Youth (AY) builds community capacity for neighborhood transformation to promote adolescent health. AY supports the strengthening and building of "developmental assets," essential building blocks that protect youth and foster healthier life outcomes. AY features the development of "Action for Youth Partnerships" in El Paso, southern New Mexico and Ciudad Juárez, Chihuahua, México. Partnerships are actively sought within the education, business, faith, non-profit, parent and youth sectors. All partnership members work together to create a network or a "web of support" that more effectively sustains, protects, and develops healthy youth.

#### Community Action Agency of Southern New Mexico

*Hatch Valley/Las Cruces Partnership* \$35,707.00

Area served: Northern Doña Ana County, New Mexico

#### The FEMAP Foundation

*Action for Youth* \$34,960.00

Area served: Central and North-West neighborhoods of Cd. Juárez, Chihuahua, México

#### Otero PATH, Inc.

*Otero Youth Empowerment Association* \$77,508.00

Area served: All of Otero County, New Mexico

#### Organización Popular Independiente, A.C.

*Acción Para la Juventud* \$16,624.00

Area served: West/Northwest mountain neighborhoods of Cd. Juárez, Chihuahua, México

#### Skyline Optimist Club

*Northeast Teen NETWORK* \$84,796.00

Area served: Northeast El Paso, Texas

#### Southern Doña Ana Action for Youth

*Action for Youth* \$111,067.00

Area served: Southern Doña Ana County, New Mexico

#### Teens in Action for a Healthy Community, Inc.

*Teens in Action* \$40,000.00

Area served: Southeast/Lower Valley area of El Paso, Texas

#### Wayside Café Ministries, Inc.

*Eastside Youth Connection - Partnership Functions* \$43,000.00

Area served: Eastside El Paso, Texas

#### Ysleta Lutheran Mission Human Care



Teens in Action	\$48,400.00
Area served: Southeast/Lower Valley area of El Paso, Texas	
<b>Creative Youth—Healthy Youth</b>	
Creative Youth-Healthy Youth (CYHY) is a one-year funding project, a pilot activity under the umbrella of the Action for Youth initiative. CYHY is built on the foundation that the arts are an effective and viable tool for achieving healthy outcomes in youth.	
Creative Kids, Inc.	
Project ABLE	\$37,677.50
Area served: Southeast/Lower Valley area of El Paso, Texas	
Centro de Asesoría y Promoción Juvenil, A.C.	
Cultura en tu Barrio	\$38,045.00
Area served: West/Northwest mountain neighborhoods, Cd. Juárez, Chihuahua México	
Court Youth Center	
Creative Youth-Healthy Youth	\$40,000.00
Area served: Las Cruces, New Mexico	
<b>Technical Assistance &amp; capacity building</b>	
Nonprofit Enterprise Center	
Technical Assistance	\$167,286.00
The Nonprofit Enterprise Center provides Technical Assistance (TA). TA is designed to meet common goals by producing and delivering conferences, seminars, workshops, manuals, guides, or other similar methods. Targeted, needs-based TA includes providing specific know-how and skills to staff and volunteers of Healthy Community Councils/Action for Youth Partnerships or to the associated fiscal agency.	
<b>Training Opportunities</b>	
The Search Institute of Minneapolis identified forty positive qualities and experiences that protect youth and promote healthier life outcomes. These assets can be considered as "building blocks" for healthy youth development. Twenty of these are "external assets," structures, relationships, and activities that provide a positive, reinforcing and supportive environment. The remaining twenty are "internal assets," which are values, beliefs, competencies, and skills that young people should possess to successfully engage the world around them and thrive. These "40 Developmental Assets" are the philosophical basis for the Action for Youth initiative. In 2006, the Foundation provided grants to organizations involved in positive youth development to attend the annual Search Institute conference for in-depth training, networking, learning, and idea sharing.	
Canutillo Independent School District	
Search Institute Conference	\$6,700.00
Centro de Asesoría y Promoción Juvenil, A.C.	
Search Institute Conference	\$3,700.00
Court Youth Center	
Search Institute Conference	\$9,200.00
El Paso Independent School District	
Search Institute Conference	\$5,600.00
Girl Scouts of the Rio Grande	
Search Institute Conference	\$1,500.00
Goodwill Industries of El Paso, Inc.	
Search Institute Conference	\$5,800.00
Organización Popular Independiente, A.C.	
Search Institute Conference	\$1,800.00
Skyline Optimist Club	

Search Institute Conference	\$5,700.00
Southern Doña Ana Action for Youth	
Search Institute Conference	\$8,600.00
Teens in Action for a Healthy Community, Inc.	
Search Institute Conference	\$12,000.00
Thomason General Hospital	
Search Institute Conference	\$6,500.00
University of Texas at El Paso	
Search Institute Conference	\$1,500.00
<b>After School – KidFit</b>	
After School - KidFit is designed to implement healthy after-school activities and to involve parents in promoting health in the home. These principles focus on knowledge, attitudes, self-efficacy, and behaviors of elementary school-aged children regarding nutrition and physical activity.	
YWCA El Paso del Norte Region	
After School Program: KidFit	\$152,191.00
KidFit focuses on decreasing sedentary lifestyles in children, reducing the prevalence of obesity, and preventing the onset of diabetes among children in the Paso del Norte region. In collaboration with the YWCA Paso del Norte Region, KidFit has been implemented in over 65 YWCA after-school program sites.	
University of Texas at El Paso	
Diabetes Prevention Demonstration for Mexican-American Middle School Children	\$228,374.00
The Diabetes Prevention Demonstration project focuses on middle school youth who are at risk for developing Type II diabetes. The goal is to develop, implement and evaluate a program that can be replicated across the region to assist middle school age youth in practicing health promoting behaviors.	
<b>Ageless Health</b>	
The Ageless Health Initiative is designed to develop or expand volunteer-based projects to support the promotion of independent healthy living and the prevention of isolation for persons 60 years of age and older in the Paso del Norte region, and to effect attitudinal change about aging.	
County of El Paso	
El Paso Can!	\$50,000.00
"El Paso Can!" - A collaborative pilot project of physical activity and health education based on the U.S. Administration on Aging's "You Can!" concept. Partners are six County of El Paso nutrition centers and six City of El Paso senior centers.	
Rio Grande Council of Governments Area Agency on Aging	
Technical Support	\$188,826.00
The Area Agency on Aging assists grantee organizations under the Ageless Health Initiative by enhancing their capacity to document and report the successes and barriers faced while providing grant related services. Support includes educational workshops, media support, documentation, fiscal reporting support, in addition to promoting the initiative's concept and principles and maintaining the unified focus of the grants provided for the improvement of health in the over 60 population.	
Rio Grande Council of Governments Area Agency on Aging	
Turn Back Time Event Grant	\$8,305.00
The Turn Back Time Event is a project of the Active Aging Collaborative which developed out of the research and planning conducted by the Foundation and the AHI Technical Support Team. The projected event outcome is for participants to be able to identify the principles of Successful and Creative Aging and provide at least one example of an activity learned at the event that promotes aging. The diversity of the event presenters will allow for physical and mental exercises and a	



presentation with several community dignitaries explaining their ideas on aging successfully.

#### City of El Paso

*"Calling All Seniors" Program* \$30,000.00  
Regular, ongoing telephone calls by specially trained volunteers to homebound, isolated seniors in El Paso County. This project helps encourage an active participation in life to the most possible extent for the target population.

#### City of Alamogordo

*Alamo Senior Center Program Support* \$30,000.00  
"Alamo Ageless Health" - Numerous physical activities such as strength training, walking groups, yoga, tai chi, individual instruction on exercise equipment, chairbound exercise, and nutrition education taught primarily by trained and supervised volunteers. Includes individual goal-setting, clinical monitoring, incentives, and active encouragement and support.

#### Club de la Tercera Edad Epoca de Oro, A.C.

*Centro de Día - Salud sin Edad I* \$41,164.19  
"Ageless Health Day Center I" - Nutrition and lite cooking classes, clinical monitoring, arts and crafts, "cachibol" (modified volleyball), therapeutic exercise, folklorico dance, ballroom dance, music and choral singing, guitar, yoga, tai chi chuan, and other physical, intellectual, social, and volunteer activities in a Juárez senior center.

#### Cáritas Diocesana de Cd. Juárez, A.C.

*"Una Mano a Nuestros Derechos"* \$39,250.00  
"A Hand to Our Rights" - Employment opportunity for a limited number of older Juárezens to meet work requirements for government pensions and benefits.

#### Centro San Vicente

*Education and Peer Support Program* \$25,000.00  
"Education and Peer Support Program" - Health education and skill-building related to physically and mentally healthy lifestyles and chronic disease management utilizing promotoras and peer support counselors.

#### University of Texas at El Paso

*Physical Fitness in the Golden Age* \$41,591.00  
"Physical Fitness in the Golden Age" - Physical and educational activities among a target population comprised of older University of Texas at El Paso (UTEP) alumni. Various participants are identified and trained as "Ambassador" mentors to recruit and support new participants from throughout the community. Participants utilize UTEP aquatic and fitness facilities.

#### Cancer and Chronic Disease Consortium

*A Healthier Lifestyle for the Aging* \$47,482.25  
Cancer and Chronic Disease Consortium emphasizes overall healthy lifestyle offerings and risk reduction in the over 60 population of their service area.

#### Texas A&M Foundation

*"Paso del Norte Socorro Ageless Health"* \$45,000.00  
This program provides opportunities for physical activity and social networking, among other key Successful Aging principles, to seniors who live in the Socorro, San Elizario and Fabens areas of EL Paso County.

#### Ysleta Lutheran Mission Human Care

*Senior Ysleta Dance for Your Health* \$57,500.00  
"Super Seniors Y Dance" - Dance classes for low-income older adults primarily in the Ysleta area along with nutrition classes, intergenerational events, and self-empowerment.

#### Club de la Tercera Edad Epoca de Oro, A.C.

*Ageless Health Cycle 7 2005-2006: Centro de Día Sin Edad II* \$50,567.52  
"Ageless Health Day Center II" - Physical, intellectual, artistic, social, and other activities similar to Day Center I based on Successful and Creative Aging in a newly constructed senior center.

#### El Paso Human Services

*Seniors in Transition/Family Group Conferencing* \$32,131.21  
"Seniors in Transition Conference" - Replication of the Family Group Conferencing method for vulnerable, older adults in El Paso County in conjunction with referrals from agencies serving the target population.

#### Rio Grande Council of Governments Area Agency on Aging

*Successful Aging through Long Term Strategic Alliances (SALSA) Robert Wood Johnson implementation matching funds* \$60,000.00  
The Robert Wood Johnson Community Partnerships for Older Adults Initiative has entered into the second year phase of the implementation grants provided to only 8 model communities in the country. With the leveraging support of over 1 million dollars, the El Paso SALSA project has been developing a system of no wrong door access for seniors. When complete, the project will have a strong resource referral and navigator system including universal intake processes.

#### Begin at Birth!

The purpose of Begin at Birth is to effect long term improvements in the health status of children ages birth through three years of age within the Paso del Norte region by providing high quality parent education and promoting professionalism for parent educators. The goals of the Begin at Birth Initiative are to 1) improve parents' ability to raise healthy children and 2) to improve quality of parent education interventions.

#### YWCA El Paso del Norte Region

*"IN WITH PREVENTION" Training Program for Child Caregivers* \$6,083.00  
This program provides child care workers access to education/inservice about Early Childhood Interventions and child abuse prevention.

#### Techo Comunitario, A.C.

*Por los más pequeños de la Familia y la Comunidad* \$24,815.50  
This program continues a tradition of training and helping children and families in south Cd. Juárez, Chihuahua México with an emphasis on child abuse prevention.

#### Prevent Blindness Texas-West Texas Branch

*Kid Matters - Photoscreening* \$3,750.00  
Prevent Blindness helps Begin at Birth to reach children with developmental delays and disabilities related to vision.

#### Child Crisis Center

*A.M.O.R. de Niños* \$75,000.00  
The Child Crisis Center (CCC) is a long standing Foundation partner. There is teen parent education and fatherhood education. Both programs work closely together under the name of A.M.O.R. de Niños.

#### Child Crisis Center

*Organizing Agency* \$292,039.07  
The Child Crisis Center of El Paso is the Organizing Agency (OA) for the Begin at Birth media campaign and other organized elements of the initiative. The OA oversees the implementation and accomplishment of the objectives and activities of the Begin at Birth Initiative and general Begin at Birth operations. Also, the OA is responsible for development and implementation of the Begin at Birth Calendar.

#### Child Crisis Center

*A.M.O.R. de Niños Home Visitation Program* \$19,221.00  
The A.M.O.R. de Niños Home Visitation Program is a program that offers adult and teen parents the opportunity to learn and enhance needed parenting skills to develop a viable parent-relationship.

#### Centro San Vicente

*Happy Childhood/Feliz Niñez* \$20,531.00  
Centro San Vicente's program offers parent education and encourages



childhood vaccinations. Infant and child safety seats, along with instruction for use, are offered as program incentives.

#### Region 19 Education Service Center

*ECI: Child Find* \$36,500.00

Region 19 was funded to develop and implement a targeted media campaign for Early Childhood Intervention: Child Find. The purpose of this program was to inform El Paso, TX about developmental delays among infants ages birth to three years of age and refer families to proper services.

#### Ben Archer Health Center

*Maternal and Child Health Program* \$14,773.50

This program uses a home visitation model to assess and then provide help to 200 poor families in the county. Ben Archer continues to serve the Northern portion of Foundation's service region with parenting classes.

#### Project Vida

*Parent education classes* \$37,500.00

Project Vida offers a comprehensive, community based approach for promoting health among infants in central El Paso.

#### Project Vida Health Center

*Begin at Birth 2006-2007: Nuestros Niños* \$20,000.00

Project Vida Health Center (PVHC) is a faith and community-based organization serving East Central El Paso and Northeast El Paso residents. Project Vida's service area is very low-income, has a high level of substandard housing, low levels of adult education, and high rates of poverty. PVHC's overall objectives are based on Healthy People 2010 leading indicators, following a comprehensive, community-based approach to the well-being and health of the community.

#### Texas Tech University Health Sciences Center

*A Planning Program for Promoting Breast Feeding Through Baby-Friendly Steps Phase III* \$37,500.00

This program is the third phase in helping both Texas Tech and Thomason become more baby-friendly or more friendly to breastfeeding.

#### Texas Tech University Health Sciences Center

*Promoting Breastfeeding through Baby Friendly Steps* \$20,000.00

The program is on its third year in building a foundation in prenatal care and providing hospital back up for the establishment of a "Baby Friendly" environment. This is being achieved through the continued implementation of the "Ten Steps to Successful Breastfeeding," which are outlined in the Baby-Friendly Hospital Initiative written by WHO and UNICEF.

#### AVANCE, Inc.

*Parent-Child Education Program* \$47,500.00

AVANCE provides a model parent education program with a focus on children's physical, social, emotional, and cognitive needs. AVANCE parents learn patience and to establish routines, to read to their children, and to use less physical discipline.

#### Organización Popular Independiente, A.C.

*Desarrollando y Aprendiendo de la Experiencia de la Atención a Niños y Niñas en la OPI* \$23,230.00

OPI's program aims to improve parents' ability and capacity for quality children's care at four OPI centers and to create a balance for positive infant care practices. The services offered through Begin at Birth funding include: training, sharing of experiences with other organizations, evaluating current practices, and constructing impact indicators for workshops and courses.

#### Parque Rio Bravo, A.C.

*Formando un Niño para el Futuro* \$17,500.00

Parque Rio Bravo provides outreach to children and women who use child care in the near-by maquila park. Their program continues to develop quality child care, which is needed, and also addresses child abuse prevention education for parents and child care workers.

#### Children in Need of Services, Inc. (CHINS)

*Parenting Classes* \$20,000.00

The centerpiece of Children in Need of Services, Inc. (CHINS) program is offering education, support, and case management to pregnant moms and parents of children birth to three years old who do not qualify for Medicaid. Using home visiting as the primary method of delivering services, the program focuses on the parent-educator reaching parents in the venue most comfortable for them: their homes. The parent-educator will assess the developmental stage of each child on her caseload and provide education, information, and referral services to parents.

#### Servicios Educativos de Promoción y Asesoría Familiar, A.C.

*Formación de Padres/Madres para Educar Niños Saludables y Felices de 0 a 3 Años* \$19,800.00

This parent education program serves the western colonias of Ciudad Juárez, Chihuahua, México using a best practice model.

#### Asociación para la Protección y Defensa del Menor, A.C.

*Ayúdame a Crecer* \$19,876.00

APAMAC's parent education program serves colonias in southeast Ciudad Juárez using a home visitation model. APAMAC collaborates with area child care centers.

#### Casas de Cuidado Diario Infantiles de Cd. Juárez A.C.

*Fortaleciendo Familias por una Comunidad Saludable* \$18,055.50

Casas de Cuidado will provide parent education training to home-care providers. These providers will then educate parents across Ciudad Juárez, Chihuahua, México.

#### Parque Rio Bravo A.C.

*Educando para la No Violencia* \$20,000.00

The goal of this program is to improve the health of children 0-3 years old by providing appropriate developmental activities that will improve their physical, emotional, and mental abilities. The program provides comprehensive parenting classes and training for child care workers.

#### Ben Archer Health Center

*Nurturing Parenting/Crianza con Cariño Program* \$20,000.00

The program will improve the health of children birth to three years old while eliminating health disparities by utilizing Community Health Workers (Promotoras) who make home visits to clients, utilizing the Home Observation for Measurement of the Environment (HOME) tool to measure the quality of a child's early developmental environment and the Caregiver Characteristics section of the North Carolina Family Assessment Scale (NCFAS) to identify challenges that could result in child abuse. The HOME and NCFAS will be scored during the home visit.

#### Aliviane, Inc.

*"Regalitos"* \$20,000.00

Aliviane's Begin at Birth program focuses on providing parenting services for families affected by substance abuse, mental illness and trauma. Also, child care workers are trained on child safety. Identification of developmental delays is also an emphasis.

#### City of El Paso

*El Paso Public Library, I'm Learning!/Estoy Aprendiendo!* \$20,000.00

The El Paso Public Library will provide parent education materials and early childhood books, free of charge, to all regional families. In addition, the library will provide activity centers to attract young residents to their locations.

#### New Mexico State University

*Parent Education Network* \$42,500.00

A parent education network(s) to support all regional parent-educators with an emphasis on Begin at Birth funded parent-educators.

#### New Mexico State University

*Evaluation Team* \$38,093.00

New Mexico State University is the external evaluation team for Begin at Birth. The evaluation team also offers technical assistance to grantees for improved programs. They are also continuing their close association with the CATCH program in their region.

#### El Paso Mental Health Mental Retardation

*Baby Bonds An Early Childhood Mental Wellness Project* \$6,157.00



"Baby Bonds" is a "train the trainer" project that will integrate infant and early childhood mental health wellness into Begin at Birth. Parents will benefit by understanding the development of their young children and the importance of creating and maintaining healthy relationships with their babies.

#### Bike/Walk Paths

The Bike/Walk Paths plan is designed to leverage with City, County, and State to build safer areas to exercise.

#### County of El Paso

*Rio Grande River Park Project* \$56,033.21  
The River Grande Trail Park Project is a collaborative effort to develop an interconnected set of walking trails to provide safe areas for physical activity in the El Paso area.

#### Groundwork El Paso

*The Rio Grande River Park Trail South Extension Preparation Construction Proposal* \$100,000.00  
This project would complete the south extension of the Rio Grande River Park Trail, located south of Country Club Rd. to the New Mexico/Texas border, a distance of .8 miles.

#### El Paso Parks and Recreation Foundation

*Ciclovía Project* \$15,000.00  
This program will work to develop a "Ciclovía" type of event in the city of El Paso. The model for this event comes from an intervention done in Bogota, Columbia in which key streets are closed for a period of time to celebrate health and physical activity. The program would target families in the city of El Paso and encourage them to participate and take time to consider changes in behavior that promote a healthy lifestyle.

#### Border Diabetes

The Border Diabetes Initiative is designed to increase the awareness of diabetes risk factors and provide prevention education to reduce the impact of diabetes in El Paso, Doña Ana and Otero Counties, and Ciudad Juárez, Chihuahua, México. The initiative has three components: implementation, design, and analysis of diabetes prevalence and behavioral research, educational interventions, and public awareness.

#### New Mexico State University

*A Comprehensive Approach to Diabetes Primary Prevention* \$209,420.00  
Southern Area Health Education Center (SoAHEC) has continued to provide a diabetes project in their region. The project has a strong focus on obesity and its relationship with type II diabetes. They are also continuing their close association with the CATCH program in their region.

#### Texas Tech University Health Sciences Center

*Improving Health Literacy through Gestational Diabetes Education Groups* \$100,000.00  
This innovative program working through Texas Tech facilities is providing education and support to mothers to be and new mothers with low health literacy and who are at risk of developing or have been diagnosed with gestational or Type II Diabetes.

#### Centro San Vicente

*"Puente de Salud"* \$75,000.00  
Centro San Vicente's health education program, "Puente de Salud," promotes health-enhancing behaviors through a variety of interventions adapted to the special needs and culture of the border community. Their mission is to provide health education, awareness and support programs in the areas of diabetes, nutrition, tobacco cessation, and chronic disease prevention and control.

#### Project Vida Health Center

*Project Vida Healthy Lifestyles* \$50,000.00  
The Project Vida Border Diabetes Program is focused on two geographic areas: east/central and northwest El Paso. Both areas have a high incidence of adult onset diabetes and hypertension. Project Vida works with families in the area to improve the understanding of diabetes and the management of behaviors among people with diabetes. The program also works to increase public awareness of the serious nature of diabetes, the risk factors

and prevention strategies, and to decrease the prevalence of risk factors contributing to the development of diabetes in the region.

#### The FEMAP Foundation

*Diabetes Prevention on the Northern Border* \$75,000.00  
This program provides Diabetes prevention interventions in the urban poverty communities and rural areas of Ciudad Juárez, Chihuahua, México.

#### Center for Border Health Research

The purpose of the Center for Border Health Research is to ensure a sound, well-defined research agenda and enhance efforts to pursue that agenda leading to improvements in the health status of the Paso del Norte community.

#### Center for Border Health Research

*Technical Support* \$45,390.17  
This grant is to fund the ongoing work of the Center for Border Health Research. The mission of the Center for Border Health Research is to ensure a sound, well-defined research agenda and enhance efforts to pursue that agenda leading to improvements in the health status of the Paso del Norte community. The mission is addressed with these four core functions: coordinate developmental workshops to support public health and health research stakeholders, research the health of the region's population, develop resources for those interested in public health, and manage research seed grants funded by the Paso del Norte Health Foundation.

#### New Mexico State University

*Decreasing Alcohol Consumption in Patients with Type 2 Diabetes* \$75,000.00  
This is a research grant to explore Decreasing Alcohol Consumption in Patients with Type 2 Diabetes.

#### New Mexico State University

*Mapping Predictors of Alcohol Use and Abuse Patterns in Adolescents and College Students in the Southwest Border of Doña Ana County, New Mexico* \$54,821.00  
This is a research grant to explore Mapping Predictors of Alcohol Use and Abuse Patterns in Adolescents and College Students in the Southwest Border Region of Doña Ana County, New Mexico.

#### The Texas A&M University System Health Science Center

*Technical Assistance and Advising* \$15,380.00  
This grant provides technical assistance to enhance research practices and research capacity of CBHR projects and staff.

#### Texas Tech University Health Sciences Center

*Bridging the Healthcare Gap Between Hospital and Clinic* \$41,572.00  
This is a research grant to explore Bridging the Healthcare Gap Between Hospital and Clinic.

#### University of Texas at El Paso

*BRFSS Investigator Awards* \$15,000.00  
This research grant was provided to five UTEP researchers to further analyze the Paso del Norte Behavioral Risk Factor Surveillance System (BRFSS).

#### University of Texas at El Paso

*Insulin Resistance and Non-Alcoholic Fatty Liver Disease in Overweight Hispanic Adolescents* \$74,988.00  
This is a research grant to explore Insulin Resistance and Non-Alcoholic Fatty Liver Disease in Overweight Hispanic Adolescents.

#### University of Texas at El Paso

*Methamphetamine Use on the México-U.S. Border* \$74,920.00  
This is a research grant to explore Methamphetamine Use on the México-U.S. Border.

#### University of Texas at El Paso

*Periodontal Disease and Its Association with Preeclampsia and other Adverse Pregnancy Outcomes Among Women of Mexican origin in El Paso, TX* \$54,119.00  
This is a research grant to explore Periodontal Disease and its association



with Preeclampsia and other adverse pregnancy outcomes among women of Mexican origin in El Paso, TX.

#### University of Texas at El Paso

**Self Empowering and Support Network Enhancement Program (SESNEP): Effects on Elderly Diabetic Mexican Americans with Concomitant Depressive Symptoms** \$75,000.00  
This is a research grant to explore Self Empowering and Support Network Enhancement Program (SESNEP): Effects on Elderly Diabetic Mexican Americans with Concomitant Depressive Symptoms.

**University of Texas at Houston School of Public Health—El Paso Campus Mexican Pharmacies and Medication Usage Practices on the U.S.-México Border/Las Farmacias Mexicanas y el Consumo de Medicamentos en la Frontera EE.UU.-México** \$75,000.00  
This is a research grant to explore Mexican Pharmacies and Medication Usage Practices on the U.S.-México Border / Las Farmacias Mexicanas y el Consumo de Medicamentos en la Frontera EE.UU.- México.

**University of Texas at Houston School of Public Health – El Paso Campus Health Seeking Behavior of Undocumented Immigrants in El Paso County** \$56,815.00  
This is a research grant to explore Health Seeking Behavior of Undocumented Immigrants in El Paso County.

**Center for Border Health Research In Focus** \$93,810.71  
In Focus (IF) gathers and disseminates accessible health information to non-profit grant writers, researchers, and policy makers in the Paso del Norte region. One such tool is the Paso del Norte Behavioral Risk Factor Surveillance System (BRFSS).

**University of Texas at El Paso Border Identities and the Accessing of Healthcare Services** \$39,212.00  
This is a research grant to further analyze Border Identities and the Accessing of Healthcare Services. This investigation is designed to better understand why various healthcare services are utilized on either side of the U.S.-México border and to determine if the choice is based on one's perception of self in relation to others.

#### Healthy Communities

Healthy Communities is a grassroots initiative that addresses health through community-based groups and their stakeholders. Using a broad definition of health, the root causes of illness are identified and targeted, including social and economic factors that impact health. Community-based councils use a mix of approaches and techniques to achieve their goals, including coalition building, conflict resolution, consensus building, asset mapping, and continued support for the development of community assets.

**Nonprofit Enterprise Center Technical Assistance** \$32,998.00  
The Nonprofit Enterprise Center provides Technical Assistance (TA) services. TA is designed to meet common goals by producing and delivering conferences, seminars, workshops, manuals, guides, and other methods. Targeted, needs-based TA includes providing specific know-how and skills to staff and volunteers of Healthy Community Councils or to the associated fiscal agency.

#### Healthy Homes and Handwashing

The Healthy Homes Initiative addresses household environmental health risks related to such problems as indoor asthma triggers, inadequate water, sanitation and hygiene, trash handling and management, use of pesticides, lead poisoning, and hazardous household chemicals. The Handwashing program teaches pre-school children in day care settings and elementary school children how to properly wash their hands for protection from communicable diseases and environmental contamination, with the intent of establishing life-long hygiene habits.

#### Multi-media Program

#### University of Texas at El Paso

**Healthy Home Environments for the Paso del Norte Region III** \$99,998.00  
The goal is to improve healthy home environments in the Paso del Norte region. In this third year of the project, Center for Environmental Resource Management (CERM) is partnering with community based organizations to provide trainings, educational materials, and appropriate technologies that communicate the importance of maintaining healthy home environments. The environmental themes addressed this year include drinking water, hand washing, ecological sanitation, solid waste and household hazardous waste management, lead, and carbon monoxide poisoning.

#### Pesticide Education and Outreach Program

**Migrant Clinicians Network (MCN) Pesticide Education for Paso del Norte Families** \$81,674.00  
MCN provided technical assistance to the Foundation pesticide education and outreach grantees to help them implement effective community based interventions that reduce residents exposure to pesticides. Deliverables included a needs assessment of organizations to develop an appropriate request for proposal; in-depth technical assistance to train, support monitor, and build capacity for the funded outreach organizations; review existing popular pesticide education materials and arrange for reprinting/ordering additional materials; develop, draft and produce a "Manual del Promotor," a daily guidebook for the promotoras conducting the outreach in the community; and hold periodic meetings with all grantees to assess progress.

**New Mexico State University – Southern Area Health Education Center (SoAHEC) Pesticide Education Doña Ana/Otero County Environmental Health Project** \$60,100.00  
SoAHEC worked predominantly in Otero County to develop a Community Health Worker (promotora) program focusing on pesticide education. SoAHEC also incorporated much of its award-winning and successful environmental health program for Doña Ana County. This is the first phase of a multi-year effort, establishing infrastructure for future activities and sustainability through training, education, and awareness.

**University of Texas at El Paso – Center for Environmental Resource Management (CERM) Pesticide Education for Sunland Park and Neighbors** \$36,489.00  
The overall goal of this project is to help Doña Ana County residents minimize risks from pesticide exposure at home, particularly to children. The project "Pesticide Education for Sunland Park and Neighbors" targeted 120 low income families with children under 14 years of age living in Sunland Park, Berino, Chaparral, La Union, Chamberino, Del Cerro, Anthony, Santa Teresa, and Hatch, NM who reported using pesticides at home.

**AYUDA Inc. Environmental Alternatives** \$29,972.74  
The goal of this project is to implement a community-based pesticide education outreach program. The targeted population of 120 families live in the colonias San Elizario, Clint, Agua Dulce, Las Colonias, and Dairyland. The approach (a) included assessment of pesticide practices in each area, (b) provided "tailored" education to each family, and (c) evaluated the knowledge change and barriers to implementation of recommendations.

**Poder de la Mujer Peer training - Healthy Homes & Handwashing** \$15,000.00  
Project goal is to provide pesticide education and information to low-income families and the public to reduce the use of pesticides and prevent pesticide exposures in their households by providing information on pest reduction, cleaning habits, and how to prevent health risks imposed by exposure. Grantee focused their efforts of education to reach target families residing in the south and south central area of the city of El Paso and to inform and distribute information to the public.

**Aqua XXI, A.C. Reduciendo Riesgos de Contaminacion con Pesticidas para Mejorar la Salud** \$30,00.00



Aqua XXI conducted community outreach and education on the subject of pesticide use and misuse, and the dangers to health from pesticide exposure in the neighborhoods of Tierra Nueva I and Juanita Luna de Arrieta (better known as Estrella del Poniente). Grantee trained 20 promotoras and visited and educated 300 families, with a goal of reaching as many as 1,500 people in the targeted communities.

#### Salud y Desarrollo Comunitario de Cd. Juárez, A.C.

*Pesticide Education "Juntos por una Comunidad Saludable"* \$30,000.00

The activities took place in the Felipe Angeles neighborhood, which is located in the western part of Cd. Juárez. This area is characterized by high slopes, unpaved streets, extreme poverty conditions, and various environmental problems, and where approximately 1,700 people live. The work principally focused on 250 housewives, youth and children. The three main objectives included: 1) a diagnosis of the use of pesticides and other chemical substances in the homes, 2) establishment of a training program, aimed at promoting behavioral changes to reduce the risk of exposure to pesticides, and promoting alternative methods for pest control, and 3) generating community projects aimed at improving environmental conditions within the neighborhood.

#### Promoción Social Kolping A.C.

*Pesticide Program Un mejor Ambiente una mejor vida* \$29,700.00

The project "Trabajando por un Ambiente Saludable" ("Working for a healthy environment") focused on the Luis Olague and Morelos neighborhoods in central Cd. Juárez. Four main components included: 1) assessing of the magnitude of the problems within homes concerning the use of pesticides and other toxic materials through initial and final surveys, 2) educating and training 100 families through workshops, and conducting environmental education seminars in schools to 5th and 6th grade students, 3) developing an "ecological recipe book," containing recipes for natural alternatives and advice regarding the safe use of pesticides and cleaning products, and 4) project evaluation.

#### Ciudadanos Organizados por el Desarrollo Integral de las Comunidades de Cd. Juárez A.C.

*Pesticide Education Hogares y Comunidades con Salud y Mejores Condiciones de Vida* \$29,909.00

This grant supported community based educational outreach to reduce risks of pesticide exposure to residents, particularly children. These efforts used the Promotora de Salud model, conducting household visits and/or holding community workshops. Community household assessments to determine pest and pest control issues were also included.

#### Solid Waste Education Program

##### Keep El Paso Beautiful, Inc.

*"Waste In Place" Educational Program* \$85,139.66

The goal of the program is to educate individuals, neighborhood organizations, schools, businesses, and others on solid waste issues such as litter prevention, illegal dumping, and the importance of a clean, healthy community. The program seeks to help area residents recognize environmental risks due to littering and illegal dumping, and to promote positive behavioral change that will reduce such risks.

##### Keep El Paso Beautiful, Inc.

*Community Tool Sheds* \$54,000.00

The Community Tool Sheds program provides tools for community cleanups and beautification efforts. Located at each fire station in El Paso, each tool shed provides rakes, shovels, bags, gloves, and other tools for free on a "check-out" basis to community residents. Grant funds support marketing and promotion, community outreach, tool shed usage monitoring, and a media campaign.

#### El Paso Solar Energy Association

*Recycling Center* \$19,061.00

The program goals are to improve the environmental health conditions of the greater Montana Vista area of east El Paso County by developing a sustainable solid waste recycling effort. Outreach to the community includes presentations to schools, churches, community centers and other public areas. Guidance on outreach activities, marketing and educational materials will be provided by a community recycling advisory committee.

Plans also include, organizing, and conducting community solid waste cleanups.

#### Handwashing Program

##### YWCA El Paso del Norte Region

*Handwashing in Child Care Facilities* \$67,959.00

The project is a continuation of the previous three years of training El Paso day care facilities to use the "Hooray for Hands" curriculum, which is intended for children 3 to 5 years old. This year, both child care centers and group homes were invited to be trained. Project goals include recruitment of and training for at least 50 day care centers and up to 170 preschool care givers, provision of start-up tool kits including a program curriculum, post-training follow-up and monitoring, and additional workshops and seminars provided to the trainees concerning topics relevant to hand washing and hygiene.

#### Indoor Air Quality Improvement Education and Outreach Program

##### Migrant Clinicians Network

*The Air We Breathe at Home: Development of an Indoor Air Program for Healthy Homes* \$39,974.00

This program provides a technical assistance partnership with the Foundation to design, monitor, and evaluate a binational indoor air quality program as part of the Healthy Homes initiative. The goal of the program is to design and implement an effective community-based intervention that will help reduce risks to Paso del Norte residents from exposure to asthma triggers and carbon monoxide poisoning. Deliverables include: 1) an organizational assessment, 2) a best practices review of appropriate interventions, 3) a literature review, 4) assistance with RFP design and design of post award grantee technical assistance, monitoring, and evaluation, and 5) tool kit development, including design of appropriate educational literature and products for community groups to use to train their outreach staff.

#### Flooding Disaster Relief

Between July 27 and August 5, 2006, areas in El Paso County, Ciudad Juárez, and Doña Ana County received over 15 inches of rain, nearly twice the annual average. Rainfall concentrations of more than seven inches in several hours devastated many communities placing residents at high risk for injury and illness from flood related health and safety hazards. The goals of the disaster relief grants were 1) to meet the basic health and safety needs of affected residents so as to avoid food/water borne illnesses and to protect residents from potential related infections, and 2) to make residents aware of related health and safety hazards and recommended actions to avoid harm. Activities eligible for funding included provision of food and water, basic clothing, or consumable supplies necessary for the immediate protection of human health, and warning or advisory communication and educational materials.

##### American Red Cross El Paso Chapter

*Special Disaster Relief Program* \$25,000.00

Grantee objectives: Provision of emergency food and water, clothing, shelter, and consumable supplies; advisory communication and educational materials.

Area: El Paso County

##### The Salvation Army, Southwest Division

*Special Disaster Relief Program* \$50,000.00

Grantee objectives: Provision of emergency food and water, clothing, shelter, and consumable supplies, and advisory communication and educational materials.

Area: El Paso County

##### Canutillo Independent School District

*Special Disaster Relief Program* \$20,000.00

Grantee objectives: Provision of emergency supplies and non-perishables, drinking water, cleaning supplies and pest control products, education on post-flood cleanup methods and safety. Area: Vinton, Westway, Canutillo, CISD boundaries.



### Border Fair Housing & Economic Justice Center

Special Disaster Relief Program \$20,000.00  
Grantee objectives: Disaster recovery and preparation education on water and food safety, sanitation and hygiene, pest control, mold removal, safety and health care, and distribution of supplies.  
Area: Vinton, Westway, Canutillo, Northwest El Paso County.

### University of Texas at El Paso - College of Health Sciences

Special Disaster Relief Program  
"Disaster Relief for El Segundo Barrio" \$40,000.00  
Grantee objectives: Disaster recovery and preparation education on water and food safety, sanitation and hygiene, pest control, mold removal, safety and health care, and distribution of supplies.  
Area: Segundo Barrio, Downtown, Chihuahuita, El Paso

### Organización Popular Independiente, A.C.

Special Disaster Relief Program "Red de organizaciones del poniente de Cd. Juárez: Atendiendo a las familias para su salud y seguridad a través de acciones comunitarias para su protección" \$50,000.00  
Grantee objectives: Health and emergency crisis education and referrals; trauma counseling; provision of emergency supplies and non-perishables; water purification and safety education; water container distribution; pest control education.  
Area: Lopez Mateos, Diaz Ordaz, Alvaro Obregon, Mariano Escobedo, El Retiro, Plutarco Elias Calles, 16 de Septiembre, Guadalupe Izquierda, Cd. Juárez, Chihuahua, México.

### Programa Compañeros, A.C.

Special Disaster Relief Program "Movilización juvenil por hogares saludables" \$25,000.00  
Grantee objectives: Mud and debris removal from homes, a neighborhood AIDS clinic, and schools; coordinating and mobilizing community response, recovery and planning.  
Area: Alta Vista, Bella Vista, y Colonia Nadadores, Cd. Juárez, Chihuahua, México.

### United in Christ

Special Disaster Relief Program \$5,000.00  
Grantee objectives: Provision of emergency supplies and non-perishables; drinking water; cleaning supplies and pest control products.  
Area: Reynolds Ave./Central El Paso

### LULAC Project Amistad

Special Disaster Relief Program \$5,865.00  
Grantee objectives: Transportation services for affected people to access disaster relief agencies.  
Area: El Paso County

### Paso del Norte Food Bank

Special Disaster Relief Program \$10,000.00  
Grantee objectives: Provision of food for affected persons; restocking to ensure adequate supply. Area: El Paso County

### El Paso City-County Health & Environmental District

Special Disaster Relief Program \$20,000.00  
Grantee objectives: Provision of emergency supplies and non-perishables; drinking water; cleaning supplies and pest control products.  
Area: El Paso County

### Promoción Social Kolping A.C.

Special Disaster Relief Program \$22,000.00  
Grantee objectives: Provision of clean-up supplies, personal hygiene and other supplies; water disinfection and purification education; emergency referrals; disaster preparation.  
Area: Morelos y Luis Olague, Cd. Juárez, Chihuahua, México.

### University of Texas at El Paso(CERM)

Special Disaster Relief Program "Restoring Sanitation and Preserving Household Health in Cd. Juárez in the Post-monsoon period" \$60,000.00  
Grantee objectives: Provision of emergency supplies, drinking water containers; water purification, disaster education & training, pesticide

education; repair, reconstruct and clean ecological toilets.

Area: Estrella del Poniente, La Conquista, Francisco Sarabia, Fronteriza Alta, Ricardo Flores Magon, colonia Tarahumara, Cd. Juárez, Chihuahua, México.

### Ben Archer Health Center

Special Disaster Relief Program  
"Promotoras Ayudando a la Comunidad" \$25,000.00  
Grantee objectives: Provision of clean-up supplies, personal hygiene and other supplies; water disinfection and purification education; emergency referrals; disaster preparation.  
Area: Hatch, NM

### Centro para el Desarrollo Integral de la Mujer, A.C.

Special Disaster Relief Program "Movilización y Educación catástrofe" \$25,000.00  
Grantee objectives: Water purification and safety education; home clean-up assistance; non-perishable foods; personal supplies; post-flood referring information; pest control education. Area: Los Ojitos, Anapra y colonias del Rio, Alamos de San Lorenzo, Cd. Juárez, Chihuahua, México.

### Cáritas Diocesana de Cd. Juárez, A.C.

Special Disaster Relief Program "Proyecto integral de apoyo a damnificados" \$40,000.00  
Grantee objectives: Provision of emergency supplies and non-perishables; water purification and safety education; water containers; pest control education.  
Area: Los Ojitos, Fronteriza Baja, Anapra, Felipe Angeles, Cd. Juárez, Chihuahua, México.

### Aqua XXI, A.C.

Special Disaster Relief Program "Promoviendo la Salud de Familias en Situación de Alto Riesgo" \$17,400.00  
Grantee objectives: Provision of clean-up supplies, personal hygiene and other supplies; water disinfection and purification education; emergency referrals; disaster preparation.  
Area: Colonia Fronteriza Baja, Cd. Juárez, Chihuahua, México.

### County of El Paso (Sheriff's Office)

Special Disaster Relief Program: "Assistance for Rural Communities" \$6,000.00  
Grantee objectives: Creating, distributing, and restocking of emergency kits for affected persons for use by first response officers.  
Area: El Paso County

### Health Literacy

This initiative was developed to assist with the growing concern related to health literacy. Health literacy is defined as a degree that individuals can obtain, process, and understand health information and services so as to make good health decisions. Nearly half of Americans struggle to understand or act on health information. The purpose of this initiative is to identify, inventory, and replicate best practice models, communication tools, and effective programs for the advancement of health literacy relevant to the Paso del Norte region.

### Socorro Independent School District

Middle School Education Project \$60,490.00  
The Socorro Independent School District will work in coordination with El Paso Community College to develop and implement a 7th and 8th grade curriculum for Health Literacy Education. This intervention is an innovative approach to this important topic and likely will become a model for the rest of the state.

### El Paso Community College

Health Literacy Project (EHLP) Organizing Agency \$193,471.00  
The El Paso Community College will work in partnership with the Paso del Norte Health Foundation to coordinate and assist in the development of health literacy interventions for the region.

### University of Texas at El Paso

Addressing Medication Literacy in the Paso del Norte Region \$89,997.50  
This quasi research/community action project will provide health literacy



education to adults on over-the-counter and herbal medicines, as well as investigate the opportunity for the development of educational tools for young parents. Programming will complement efforts underway with El Paso Community College and the surrounding school districts.

### Qué Sabrosa Vida

Qué Sabrosa Vida (QSV) is a 4.4 million dollar foundation initiative designed to encourage healthy eating habits balanced with regular physical activity. The initiative emphasizes positive and realistic ways to make healthy food selections by providing appropriate nutrient and caloric balance information through public awareness campaigns and educational programs provided by grants awarded to community-based organizations. Foundation funding is allocated to support efforts in all areas of the Paso del Norte region.

### PROGRAM GRANTEEES

#### University of Texas at El Paso

*Traditional Foods and Healthy Nutrition* \$35,000.00

The purpose of this project is to incorporate the cultural and historical aspects of the diverse foods consumed as part of a traditional diet in the Paso del Norte region. This exercise in developing a base of knowledge from research, literature review, and community collaboration will be used to educate the public of all ages on food appreciation and the health benefits of a diverse, portion appropriate diet.

#### Texas Cooperative Extension

*Health and Nutrition from the Garden* \$22,000.00

This project will give participants the necessary knowledge, materials, information, and feedback to be successful at growing and producing a portion of the fruits and vegetables that will be served to their families. Participants will learn how to grow several of the most common vegetables used in local meals (tomatoes, peppers, onions, and others) and will be given the tools and materials to start their family garden at their own home.

#### The QSV 4Cs Course:

This program, unique to the Paso del Norte Region, consists of a series of lessons that focus on the QSV Guide to Healthy Living Pyramid. Each lesson looks at one of the food groups on the pyramid and is based on the 4Cs: Controlling, Choosing, Cooking and Celebrating. Principles guiding the development of these materials include: building an awareness of basic nutrition and cooking skills; promoting simple, healthy changes that can be made to the daily lifestyle; and bringing back a sense of pride in the rich tradition of meals prepared at home and shared with the family. The 4Cs Course was designed for the primary meal preparer in the home and the 4Cs Reunions were designed for previous 4Cs Course participants, as well as their family and friends.

#### 4Cs Course Grantees:

*El Paso Community College* \$14,100.00

The El Paso Community College's Literacy Center will provide Qué Sabrosa Vida 4Cs Courses to participants of their English as a Second Language courses.

*Canutillo Independent School District* \$4,800.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Canutillo and Anthony Texas area of the Paso del Norte region

*Centro San Vicente* \$5,600.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Mission Valley area of the Paso del Norte region.

*El Paso Independent School District* \$16,200.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the El Paso Independent School District service area of the Paso del Norte region.

*American Cancer Society* \$7,302.50

This grantee is providing Qué Sabrosa Vida 4Cs courses in the greater El Paso County area of the Paso del Norte region.

*Ben Archer Health Center* \$12,600.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Doña Ana and Otero Counties of the Paso del Norte region.

*Centro De Asesoría y Promoción Juvenil, A.C.* \$3,900.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Ciudad Juárez, Chihuahua, México area of the Paso del Norte region.

*Centro Para El Desarrollo Integral De La Mujer, A.C.* \$11,700.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Ciudad Juárez, Chihuahua, México area of the Paso del Norte region.

*Club De La Tercera Edad Epoca De Oro, A.C.* \$5,359.81

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Ciudad Juárez, Chihuahua, México area of the Paso del Norte region.

*Planned Parenthood Center Of El Paso* \$5,400.00

This grantee is providing Qué Sabrosa Vida 4Cs courses to an organization specific population of the Paso del Norte region

*San Elizario Independent School District* \$3,600.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Socorro and San Elizario areas of the Paso del Norte region.

*Texas Tech University Health Sciences Center* \$11,100.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Fabens area of the Paso del Norte region.

*The Femap Foundation* \$8,398.00

This grantee is providing Qué Sabrosa Vida 4Cs courses in the Ciudad Juárez, Chihuahua, México area of the Paso del Norte region.

### Step It Up Initiative

The Step It Up Initiative is designed to improve the health status of the adult residents of the Paso del Norte region by providing the resources, information, guidance, and opportunities for individuals to adopt a physically active life style. Step It Up is designed to increase physical activity among the regional adult population who are considering or making plans to become physically active and reinforce continued physical activity among those who already are active.

#### American Cancer Society

*Step It Up: Media Campaign* \$255,133.00

American Cancer Society is the coordinating organization for the media messages in support of the Step It Up initiative goals. This grant supports television and radio spots, as well as informational newsletters and educational tools provided to participants of grantee programs and the community at large.

#### American Cancer Society

*Organizing Agency* \$57,889.00

American Cancer Society is providing support and guidance by serving as an Organizing Agency to the Step It Up initiative. Their focus is to improve the quality of life for adults in the Paso de Norte region by offering guidance, training, and resources to community partners as they provide physical activity programs to the adult population.

#### Centro de Asesoría y Promoción Juvenil, A.C.

*"Por la Salud a Ejercitarse Todas"* \$26,680.00

"Por la salud a Ejercitarse Todas" (All Women, Let's Exercise for Health). Working out of our sister city, Cd. Juárez, Chihuahua, México, this organization will concentrate its efforts on serving a marginalized area in the outskirts of the city. For year two, CASA plans to serve men and women 25 to 45 years of age that live in western Cd. Juárez, Chihuahua, México. They will create three groups with a minimum of 40 people each to engage in dance routines including cumbia and aerobic salsa. This organization has been serving the Juárez community for over 12 years.



### Club de la Tercera Edad Epoca de Oro, A.C.

*Fortaleciendo la Comunidad, Haciendo Ejercicio* \$31,205.40  
"Epoca de Oro" This organization has been operating in Cd. Juárez, Chihuahua, México since 1988 in benefit of older adults. For year two of our initiative, Epoca de Oro will target people 30 to 60 years of age. This project contains 11 activities, 8 of which are directly related to physical activities and exercise; All others are designed to promote exercise as well.

### Otero PATH, Inc.

*Walk Otero* \$52,840.00  
Going on its sixth year, Walk Otero will continue to work with communities within Otero County in support of healthy habits. The focus will be on the promotion of physical activity within the adult population who are currently inactive. The new activity for this year will be the start of a dance program.

### Texas A&M Foundation at El Paso

*"Colonias, Step it Up, Active Living" Model - Pilot Project* \$53,789.00  
This organization will concentrate its efforts on four outskirt neighborhoods (colonias) within El Paso County. The program will consist of two main components: physical education and social incorporation. Organized activities to reach their objective include walks, team sports, dance, and aerobics. All members of the family will be invited.

### University of Texas at El Paso

*Worksite Wellness and Fitness Model Program (WWFP)* \$30,000.00  
This program provides a research opportunity and initiative for UTEP staff and faculty to participate in a healthier life and work style. The WWFP is being developed under the premise that health conscious, educated, and physically fit employees can lead to healthier, more effective employees. This pilot partnership effort with UTEP will assist in documenting opportunities and barriers to effective implementation of worksite wellness programs.

### Las Cruces Public Schools

*Step It Up Las Cruces Public Schools* \$25,677.00  
This program will offer site based physical activity programs targeting Las Cruces Public School staff. All employees of the district will be invited to participate in this year round program. The goal is to encourage staff to achieve 100 minutes of physical activity on a weekly basis.

### City/Dance Theatre

*Dancing for Life* \$30,338.00  
This program builds on last years highly successful "Come back to School and Dance" program. It will promote physical activity and fitness for adults of all ages in the Las Cruces/Doña Ana community. Dance for your Life is designed to help participants develop dance skills while promoting dance as an enjoyable, healthful lifetime activity.

### Organización Popular Independiente, A.C.

*Cuidando Nuestra Salud a través de la Actividad Fisica* \$28,442.51  
"Taking Care of Your Health through Physical Activity" OPI plans to build four groups in western Ciudad Juárez to promote physical activities and conditioning. The proposed activities are aerobics, nutrition workshops, taebo, and aerobic gymnastics. The target population will be men and women 25-50 years of age.

### Ysleta Lutheran Mission Human Care

*"Y Dance"* \$53,006.00  
An extremely successful program in year one, "Y Dance" will expand its services to over 20 dance sites throughout the Mission Valley in El Paso. "Y Dance" will continue to educate all adults that reside in the area in order to create a higher awareness of fitness routines that are beneficial to their health. The free dance classes are offered two to three times per week.

### City of Las Cruces

*Walk Doña Ana* \$36,778.00  
The Walk Doña Ana program began in 1999 as a grassroots effort to increase public awareness of the importance of physical activity to improve the quality of life and health in an individual. Health promoting special events and coordinated group walks are major components of this program.

### Centro San Vicente

*Steps for your Health/Pasos para su Salud* \$27,545.00  
"Steps for your Health" Centro San Vicente has been serving the Mission Valley area since 1988. The goal of this program is to increase physical activity among low-income adults to improve their health status. It targets participants with who are at risk for or have developed chronic diseases such as diabetes. The activity proposed is free aerobic and nutrition classes.

### Creative Kids, Inc.

*Kócomo Central Dance Program* \$38,293.50  
The program builds on last year's highly successful "Y Dance". Kocomo will provide free dance and nutrition classes at 8 different sites to a minimum of 120 adults in the 79901 area. Dance classes will range from Salsa, Merengue, Cha Cha Cha, Mambo, among other Latin rhythms.

### Two Should Know

The purpose of this initiative is to effect long-term improvements in public health by improving sexual health through education and prevention among regional residents. The initiative helps grantees create and implement effective and imaginative programs emphasizing sexual health for the reduction of poor health outcomes, such as sexually transmitted diseases (STDs), unintended pregnancies, and sexual violence/abuse, as well as for the promotion of good emotional and social health outcomes.

### Center Against Family Violence

*Organizing Agency* \$160,000.00  
As the Organizing Agency for "Two Should Know", the Center Against Family Violence plans and implements the initiative's media campaign, coordinates the provision of technical assistance grantees, and provides a layer of quality assurance.

### New Mexico State University

*Evaluation & Technical Assistance Team* \$99,008.00  
The independent evaluation and technical assistance team for "Two Should Know" is from New Mexico State University. This team provides both direct evaluation of Paso del Norte Health Foundation grantees and technical assistance to demonstration sites.

### Child Crisis Center

*No Kidding* \$120,003.00  
"No Kidding: Straight Talk from Teen Parents" provides presentations for 6th through 12th graders on the rights, realities, and responsibilities of young parenting, including issues related to child support and paternity. The No Kidding Peer Educators are a team of young fathers and mothers who travel to schools telling their stories and leading their peers in highly interactive activities designed to make visible the legal issues and other realities surrounding young unmarried parenting.

### El Paso City-County Health & Environmental District

*Sexual Health Program* \$57,299.50  
The El Paso City-County Health and Environmental District (EPCCHED) is developing a sexual health curriculum geared specifically toward all middle/high school students and their parents in El Paso.

### The FEMAP Foundation

*Jovenes, Cultura y Sexualidad* \$35,000.00  
This program promotes positive sexual health among junior/high school students using interactive techniques such as a musical/art exhibition, puppet shows, and educational workshops.

### Centro Mujeres de la Esperanza

*NO Means NO* \$26,480.50  
This is a 45-minute program designed to educate high school, middle school, and elementary students and staff about sexual assault, prevention. Myths and facts about sexual assault are presented. In addition, the physical consequences of sexual assault, such as pregnancy, AIDS and other STD's, are discussed. This program serves more than 25,000 children, young adults, and educational professionals.



#### Centro para el Desarrollo Integral de la Mujer, A.C.

*Educación de agentes comunitarios en salud sexual: bienes, saberes y redes para el desarrollo integral y prevención de enfermedades* \$35,000.00

This program is developing a curriculum based on the ten components of the Sexual Health Model. It aims at targeting four different populations and serving over 300 clients in Ciudad Juárez, Chihuahua, México.

#### Planned Parenthood Center of El Paso

*Healthy Human Sexuality Project* \$35,000.00

This program serves young adult men and women who are sexually active or may soon initiate a sexual relationship. The program is designed to help participants 1) increase positive awareness and attitudes about sexual health and sexual responsibility 2) increase knowledge about sexual health and 3) increase self-efficacy/communication/negotiation skills with their sex partners.

#### Center Against Family Violence

*The "S" Word Program* \$34,375.00

The program will begin dialogue to bridge a healthy relationship with a healthy sex life through two different programs. Track I promotes healthy relationships for people involved with high risk occupations. Track II opens discussions on healthy human sexuality among young adults.

#### Club de la Tercera Edad Epoca de Oro, A.C.

*Por una Comunidad Saludable, Una Comunidad Sexualmente Informada* \$16,084.39

This program aims at improving sexual health and responsible sexual behavior among adolescents, adults, and the elderly through a series of workshops.

#### Ben Archer Health Center

*Sexual Health Project* \$34,323.00

A youth development program, "Soy Unica, Soy Latina" is taught to female youth grades 5 - 9 in the communities of Hatch and Doña Ana, NM by Ben Archer Health Center Promotoras. This program provides girls the tools they need to develop self-esteem and communication skills to function better in their families and communities and to empower them to make good decisions.

#### Thomason General Hospital

*Teen Advisory Board-Teen Peer Educator Program: TEENS LISTEN TO TEENS* \$67,302.00

This grant allows Thomason to examine systematically and improve the Teen Advisory Board (TAB) sexuality education curricula, activities, and student outcome measures. The goal of the TAB is to bring a message of responsible decision-making, positive peer pressure, and effective communication about healthy human sexuality to area teenagers.

#### New Mexico Community Foundation

*New Mexico Community AIDS Partnership-Border Health Initiative* \$12,500.00

This collaboration with the NM Community AIDS Partnership and the National AIDS Foundation provides regional agencies with resources for AIDS/HIV prevention services.

#### Gadsden Independent School District

*Parents Should Know* \$22,814.35

The program targets the prevention of sexual abuse among special needs students. During the first year, GISD is developing the program with community input. The program will be pilot tested in the fall 2007.

#### Grandparents Raising Grandchildren

*Improving Knowledge, Communications, and Skills: Working with Grandparents and Grandchildren* \$21,986.25

The program serves grandparents who raise grandchildren as primary caregivers/guardians, as well as their grandchildren (between 7-14 years) in Doña Ana County, NM. The program's goal is to develop and pilot test an innovative curriculum for improved sexual health and responsible sexual behaviors among regional grandparents and their grandchildren.

#### Medical Student Fund

The Medical Student Fund is a grant/loan program that aims at improving the doctor/patient ratio in El Paso and its surrounding area. The loan encourages capable, yet financially unable, students from the Paso del Norte region to attend the Texas legislative approved four-year medical school in El Paso. Upon completion of the program, students that remain and establish their practice or work in a health-related field in the region will have their loans forgiven over a five-year period. Additional funding will be required from the community to emphasize the strong level of support for the medical school.



PASO DEL NORTE HEALTH FOUNDATION  
STATEMENTS OF FINANCIAL POSITION  
DECEMBER 31, 2006 AND 2005

ASSETS	2006	2005
Current assets		
Cash	\$ 483,842	\$ 98,442
Other current assets	19,108	42,983
Total current assets	<u>502,950</u>	<u>141,425</u>
Investments	212,550,027	196,395,197
Property and equipment, net of \$585,829 and \$571,613 accumulated depreciation	46,725	35,076
Other assets	297,611	244,012
Total noncurrent assets	<u>212,894,363</u>	<u>196,674,285</u>
Total assets	<u>\$ 213,397,313</u>	<u>\$ 196,815,710</u>
LIABILITIES AND NET ASSETS		
Current liabilities		
Accounts payable and accrued liabilities	\$ 334,167	\$ 288,567
Grants payable	10,185,823	9,159,934
Total current liabilities	<u>10,519,990</u>	<u>9,448,501</u>
Noncurrent Liabilities		
Long term grants payable	13,177,601	16,616,574
Accrued general and professional liabilities	8,127,552	8,206,265
Deferred tax liability	903,604	566,006
Total noncurrent liabilities	<u>22,208,757</u>	<u>25,388,845</u>
Net assets		
Unrestricted	180,446,439	161,755,111
Temporarily restricted	222,127	223,253
Total net assets	<u>180,668,566</u>	<u>161,978,364</u>
Total liabilities and net assets	<u>\$ 213,397,313</u>	<u>\$ 196,815,710</u>

PASO DEL NORTE HEALTH FOUNDATION  
STATEMENTS OF ACTIVITIES AND CHANGES IN NET ASSETS  
FOR THE YEARS ENDED DECEMBER 31, 2006 AND 2005

	2006	2005
Income		
Investment income	\$ 6,423,464	\$5,492,296
Other income	471,301	347,824
Net assets released from restrictions	1,126	
Less: investment expense	(909,023)	(1,015,789)
Total revenues	<u>5,986,868</u>	<u>4,824,331</u>
Program costs and administrative expenses		
Major initiatives	8,147,922	10,439,076
Program development	-	116
Total program expense	<u>8,147,922</u>	<u>10,439,192</u>
Administrative expense	<u>524,871</u>	<u>499,122</u>
Net income/(loss) over program and administrative expenses	<u>(2,685,925)</u>	<u>(6,113,983)</u>
Other changes to net assets, net of related federal excise tax		
Net realized gain on investments	5,024,232	5,455,282
Net unrealized gains on investments	16,879,900	3,731,768
Provision for excise tax - current	(189,281)	(134,588)
Provision for excise tax - deferred	(337,598)	(74,635)
Change in net assets - unrestricted	<u>18,691,328</u>	<u>2,863,844</u>
Change in temporarily restricted net assets		
Other	<u>(1,126)</u>	<u>-</u>
Change in net assets	<u>18,690,202</u>	<u>2,863,844</u>
Net assets, beginning of year	<u>161,978,364</u>	<u>159,114,520</u>
Net assets, end of year	<u>\$180,668,566</u>	<u>\$161,978,364</u>

PASO DEL NORTE HEALTH FOUNDATION  
STATEMENTS OF CASH FLOWS  
FOR THE YEARS ENDED DECEMBER 31, 2006 AND 2005

	2006	2005
Cash flows from operating activities:		
Increase in net assets	\$18,690,202	\$2,863,844
Adjustments needed to derive cash flow provided (used) by operations:		
Depreciation	16,723	27,578
Other current assets	23,873	49,767
Other assets	(53,599)	(2,679)
Accrued liabilities and accounts payable	(23,403)	97,433
Grants payable	(2,413,084)	1,796,702
Other liabilities	(9,709)	(41,102)
Deferred tax liability	337,598	74,635
Realized gain on investments	(5,024,232)	(5,455,282)
Unrealized gain on investment securities	(16,879,900)	(3,731,768)
Net cash used by operating activities	<u>(5,335,531)</u>	<u>(4,320,872)</u>
Cash flows from investing activities		
Purchases of property, plant and equipment	(28,372)	(11,498)
Sale and maturity of investments, net of purchases	5,749,303	4,145,072
Net cash provided by investing activities	<u>5,720,931</u>	<u>4,133,574</u>
Net increase/(decrease) in cash and cash equivalents	<u>385,400</u>	<u>(187,298)</u>
Cash, beginning of year	<u>98,442</u>	<u>285,740</u>
Cash, end of year	<u>\$483,842</u>	<u>\$98,442</u>
Supplemental disclosure of cash flow information:		
Cash paid for federal excise taxes	<u>\$189,281</u>	<u>\$134,588</u>

A complete set of audited financial  
statements is available at the  
Foundation's office.